



## Lesson Plan: *Rhythm Stand Warm-Ups*

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There are two Rhythm Stand Warm-ups provided to help prepare to rehearse and perform the piece:

### 1. Rhythm Stand Rhythm Warm-Up

This warm-up highlights rhythms from *Rhythm Stand*. Students may clap the rhythms, perform them on a concert pitch, or do both. Each measure should be repeated as many times as needed for students to become comfortable, confident, and accurate performing the rhythm. When performing on a concert pitch, care must be taken to accurately perform the articulation markings.

The rhythms at letter B and letter C occur at the same time in *Rhythm Stand*. Once each rhythm is mastered, assign half of the band to each rhythm and perform both rhythms together at the same time. Then have the band members switch rhythms and play again, so they have experience performing both.

### 2. Rhythm Stand Melodic Warm-Up

The *Rhythm Stand* Melodic Warm-Up enables the performers on all instruments in the band to become familiar with the main melodic material in the piece. Octave displacements are included in some parts to keep the range reasonable for that instrument. The warm-up allows the entire band to rehearse the main melodies to lend support and reinforcement to the performers whose parts actually include those themes.

The parts at letter A and letter B occur at the same time in *Rhythm Stand* (at rehearsal m. 11.) Once each motive is mastered, assign half of the band to each part and perform both rhythms together at the same time. Then have the band members switch parts and play again, so they have experience performing both.