

Charm Rhythm Warm-Up

♩ = 160

The warm-up consists of three staves of musical notation. The first staff contains measures A, B, C, and D. The second staff contains measures E, F, G, and H. The third staff contains measures I and J. Each measure is marked with a box containing its letter. The notation includes various rhythmic values such as eighth, quarter, and half notes, as well as rests and articulation marks like accents and slurs.

This warm-up highlights rhythms from Charm. Students may clap the rhythms, perform them on a concert pitch, or do both. Each measure should be repeated as many times as needed for students to become comfortable, confident, and accurate performing the rhythm. When performing on a concert pitch, care must be taken to accurately perform the articulation markings.

The first measure (A) highlights the subdivision of each measure into 2+2+3. It may be helpful to have that rhythm continue to be performed by a percussion instrument to maintain that feel while the rest of the band rehearses the other rhythmic patterns.

Measures I and J highlight the clapping rhythms that begin in measure 71 in Charm. Once each rhythm is mastered, divide the band in half and assign each group to clap one of the two rhythms. Both groups should perform their assigned rhythms simultaneously. Then have each group switch rhythms.